

Cooking Tips

Houde Family Farm, David & Tina Houde

Pork

- Ground--- as patties (awesome grilled!), mixed with beef and/or veal for meatballs or meatloaf, mixed with seasoning for homemade sausage (we like to use fresh garlic, garlic salt, pepper and any other seasoning that you have a hankering for), in sauces and egg rolls, in stuffing
- Chops--- pan fried, baked, broiled, best barbequed
- Country Style Ribs--- baked, broiled, best barbequed
- Cubed Steak--- pan fried, grilled, rolled in seasoned flour then fried, broiled (these are very thin so be careful not to overcook)
- Sausage--- pan fried patties, in pasta sauces, blended with burger for meatballs and meatloaf, mixed in with scrambled eggs, casseroles and mac and cheese
- Bacon--- pan fried with eggs, in scrambled eggs, BLT's, egg mcmuffins, bacon burger, use in casseroles, in baked beans, on salads
- Cured Ham Steaks--- great for a vegetable soup (just cut the steak in half and put in with vegetables until they are done then cut the ham into bite sized pieces and return to soup), casseroles, mac and cheese, pan fried with eggs, pan fried with mashed potatoes and gravy, on green salads or in cold salads
- Fresh Ham Steaks--- great barbequed, pan fried, marinated
- Fresh Ham Roasts--- same as pork roast, may be roasted, stewed, marinated

Veal

- Cutlets--- pan fried, broiled or marinated. Please remember that cutlets are from the top, bottom and eye of the round. These are very lean cuts which will overcook very quickly. Use a hot pan and only cook a minute or so on each side.
- Stew--- stew, casseroles, pasta sauces, veal stroganoff, spicy veal chunks (fry them in a mix of soy, Worcestershire and Frank's red hot sauce. My kids love it!)
- Veal Burger--- pan fried patties, blend with sausage, beef and/or ground pork for meatballs or meatloaf
- Veal Chops--- pan fried, baked, grilled, and broiled

Beef

- Burger--- patties, meatloaf, meatballs, in casseroles, in pasta sauces, blended with sausage or ground pork
- Stew--- stew, spicy chunks (same as veal), beef stroganoff, in casseroles
- Steak--- pan fried, grilled, broiled